



**Embassy of India
Athens
Celebrates**

7th INTERNATIONAL DAY OF YOGA-2021



19 - 26 June 2021

PROGRAMME

Saturday, 19 June	1500-1700 hrs.	International Day of Yoga 2021 celebrations physically, Athens Venue: Zappeion Megaron, Athens (https://goo.gl/maps/wvpUtcBiCsbcwYPN6)
Sunday, 20 June	1800-2000 hrs. 1900 hrs.	International Day of Yoga 2021 celebrations physically, Marathona Venue: Marathona Run Museum (https://goo.gl/maps/wd4uuzQ3rn1CJHG5A) Screening of Documentary "Yoga: Harmony with Nature" Links: https://youtu.be/JIqYSDapFoY https://www.facebook.com/IndiaInGreeceOfficial/
Monday, 21 June	1900 hrs.	Screening of Film on Sahaj Yoga: "Grihalakshmi – The Awakening" in English with Greek subtitles Links: https://youtu.be/qrOKYpAFAIM https://www.facebook.com/IndiaInGreeceOfficial/
Tuesday, 22 June	1900 hrs.	Basic Yoga for Healthy Life Links: https://youtu.be/vdzFLxRRs0w https://www.facebook.com/IndiaInGreeceOfficial/ / IndiaInGreeceOfficial/
Wednesday, 23 June	1900 hrs.	Yoga for Well-being & Immunity Links: https://www.youtube.com/watch?v=wA18krkBDH8 https://www.facebook.com/IndiaInGreeceOfficial/
Thursday, 24 June	1900 hrs.	Screening of Documentary – "Yoga: Aligning to the Source" Links: https://youtu.be/8_WpS-G3Aig https://www.facebook.com/IndiaInGreeceOfficial/
Friday, 25 June	1900 hrs.	Advanced Yoga for Healthy Life Links: https://youtu.be/WvmwG1P_u_w https://www.facebook.com/IndiaInGreeceOfficial/
Saturday, 26 June	1900 hrs.	Screening of Documentary – "Yoga for the World" Links: https://youtu.be/Z5-rh1NOygQ https://www.facebook.com/IndiaInGreeceOfficial/